Fernwood Cove 350 Island Pond Rd Harrison, ME 04040

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Memories last a lifetime...

Calling All 2014 Seniors!!!

Join your counselors for an amazing weekend at camp!

2014 Senior Ski Weekend

Don't miss out!!!

Session 1:Fri. January 24 — Sun. January 26, 2014

Session Two: Fri. January 31 — Sun. February 2, 2014

Contact Marran for more information.

Your best, summer ever can begin this winter!







#### **EXTRAORDINARY IN THE ORDINARY**

This month's Mooseletter focuses on being Extraordinary in the Ordinary. At camp, often called The Extraordinary World, we talk about how simple behaviors can make a huge difference and create something truly extraordinary. At Fernwood Cove our inclusive culture encourages everyone to meet new people, say kind words, and put others' needs before our own. When we're not at camp it's our responsibility to try to make the world outside of camp (The Ordinary World) a bit more extraordinary every day. Some examples of extraordinary behaviors at home are talking to a new kid in your class—better yet, invite them to sit with you at lunch; getting your homework completed on time; helping someone that you know is having difficulties with an assignment; or volunteering to clean-up after an activity or event. How can you help make the world a bit more extraordinary?

To find out more about what behaviors are Extraordinary vs. Ordinary, check out the results of an activity that some Fernwood Cove girls did this summer. On the inside of the Mooseletter you'll find ways they described each of these "worlds". This may help you better understand what it means to be Extraordinary, as well as help you identify ways that you can be Extraordinary at home! Let us know what you're doing to make the world more Extraordinary!

### Camping Coast to Coast

Last Wednesday a young couple arranged to have a tour of Fernwood Cove, they found out about Fernwood Cove from another Maine summer camp director (Wow, word of mouth works well). I gladly took them around to show them Fernwood Cove and was intriqued as to what they were doing. I found out they were post graduate students and summer camp counselors who loved their summer job so much they wanted to travel America and Canada and visit as many summer camps and learn as much as possible. Eventually working in the camping industry as a career. I personally commend Laura and Jack for having a vision and the courage to follow their dreams. To take on an adventure of a life time. How Fun and truly Extraordinary! You can go to their web site http://campingcoasttocoast.org to learn more and follow their blog of all the camps they have visited. You can also see Laura's write up and photos of Fernwood Cove.

**Enjoy! Beigette** 

P.S The *Extraordinary* lesson is to follow your dreams and pave your own path. Live life fully!

# Sometimes Extraordinary Comes When You Least Expect It and When You Need it Most By Marran

I've lost a lot of sleep recently – I've been up late watching the Red Sox play in October's post season baseball. At around 11:30pm on Wednesday night, October 30<sup>th</sup>, 2013, the Red Sox made all that lost sleep worth it. They won the World Series!!!

It was amazing to be here in Boston and feel like I was a part of that win – that's how this team makes this city feel – like all of the city of Boston and Red Sox Nation are a part of this winning moment and this winning team. It's extraordinary that a team can make us all feel this way!

While this is such an amazing thing to be a part of and I can't seem to wipe the smile off my face, this isn't how the year began, as we all know, it's been a crazy year for the city of Boston. This certainly is a story of going from Ordinary to Extraordinary. (Marran's article is continued on Pages 3 & 4.)

## The CIT Program Is Growing!

We are very excited to announce that the Fernwood Cove Counselor In Training (CIT) Program is growing! Since it began in 2007, the CIT Program has grown to be a strong leadership development program for former Fernwood Cove campers. Fernwood Cove CITs also bring an extraordinary amount of knowledge, skills and experience with them to help support both counselors and campers throughout the summer. The expansion of the CIT Program will not only provide greater support to Bunk Life, Focus Activities, Evening Programs and Trip Days throughout the summer, it will also provide additional opportunities for continued growth and development for more CITs. We see this as a huge win-win situation and are very exCITed to see more Maroon & White around camp! Find out who our newest CITs are on Page 3!

### Quality Friendships!

I hope that you thought about what characteristics make quality friendships. I have decided to come up with a list of my own. After reading and thinking it through, my list includes honesty with each other, mutual understanding, trust, compassion, supportive, enjoyment of each other's company and the ability to be oneself, express one's feelings, and make mistakes without fear of judgment from my friends.

Same ways to show these characteristics are by learning skills like active listening, peaceful conflict resolution with a willingness to work through problems, open communication, sharing, being available in times of need, giving and receiving, share interest in common, common stories and experiences, keeping in touch, standing up for each other.

I ask you to pick one of the skills above and think about what it really means and how you could improve that area for yourself. Example if you focus on active listening you may intentionally turn your cell phone off when you're at lunch with a friend and truly be present in the time you spend together.

Stay tuned for more tips on friendship,

Your Camp Director, Beigette







