



Mooseletter

October 2014



Memories last a lifetime...

Calling all 2015 SENIORS

2015 Senior Ski Weekend

Don't miss out!!!

Session 1: Friday, January 30 - Sunday, February 1

Session Two: Friday, February 6 - Sunday, February 8

Contact Caroline for more information.

Your best summer ever can begin this winter!

You Can't Take It With You...Or Can You?

During the summer we often talk about being the “best version of yourself” or taking the “extraordinary into the ordinary”. When we’re at camp, surrounded by our camp sisters and the supportive counselors and CITs, there’s a positive energy in the air that supports each of us to strive to be our best and continue to be extraordinary. As Directors, our goal while you’re at camp is to build your personal skills and abilities– whether it’s building campfires for Outdoor Living Skills or building friendships for a lifetime. The counselors and CITs assist us in doing this, even you as a camper help us by supporting your bunkmates and friends! By the end of camp it is our hope that you’ve developed an understanding of who you can be and gained the self-confidence to continue being your extraordinary self, whoever that may be, when you return home. However we know that life in the “ordinary world” is very different from life at camp. It can be difficult to remember all of the small moments and details that make camp so extraordinary– so we’re going to remind you! At the end of the summer campers provided responses to “What would you take home from camp?” on their end-of-camp evaluations. Here is a selection of the amazing responses we received. We hope that reading through these comments will help rekindle the magic of the summer and remind each of you that you can be extraordinary each and everyday. Post this up on your wall or put it in your journal so you can re-visit it on those tough days. Here’s to being the best version of yourself!

Lots of FC Love!

Jim, Beigette, Alicia & Caroline

Being appreciative of
every moment

**BE AN
EAGLE.**

All my friends and counse-
lors and all the love and
support they give.

You don't need electronics to be
happy just your 200 sisters.

That being you is awesome.

I will take the
skills if being a
leader in my own

Don't make drama and don't make
problems into big things if they aren't.

TO ALWAYS STAY IN THE MOMENT.

Try new things, be yourself, go outside your comfort zone, enjoy everything.

I will go home feeling free.

To always include others.

Always stay positive because
the best comes with it.

Learning how to
advocate for your-

Include everyone, don't judge,
be yourself, and be extraordi-

How to treat
everyone with
respect



Summer 2014 Photos Are Here!

This summer we had a new member in the Fernwood Cove family— Photographer Jim. He worked hard all summer to help us capture pictures of all of the amazing aspects of camp. We are so happy to have thousands of photos of the summer. We're even more excited to be able to share some of the best photos with you! There are online photo albums for each session of camp— where you will find bunk photos, photos from Focus Activities and Evening Programs and even shots from some special events and Trip Days. We hope you enjoy the pictures as much as we do! Many thanks to Photographer Jim for his amazing work this summer!

You can access the online photo albums here:

Session One

<http://jgutru.smugmug.com/Fernwood/Session-1-2014/>
Password: threeglasses

Session Two

<http://jgutru.smugmug.com/Fernwood/Session-2-2014/>
Password: handsanitizer



Fernwood Cove CITs: The Group That Keeps On Giving

This summer Fernwood Cove had the largest group of CITs in the history of the CIT Program, which began in 2007. These nineteen girls entered into the summer with a lot of unknowns due to the size of their CIT Family— 19 CITs and 6 Staff! Looking back over the summer it's amazing what they accomplished as a group and as individuals.

Each CIT was assigned to a camper bunk where they were a Buzzin— assisting with clean-up, visiting at Rest Hour and helping with nighttime routines and activities. They also helped with Evening Programs, Trip Days and Overnights. With the help of their counselors, they developed and led some of the most successful Rainy Day activities we've ever had. Each CIT also had a weekly activity assignment during 4th Focus, where they assisted counselors instruct activities. The CIT 2s concentrated their time in focus activities in one or two activities throughout the summer, working towards leading a full week of the activity at the end of the summer— all five CIT 2s successfully completed this culminating project and led amazing focus activities in the final weeks of camp! The CITs also completed volunteer hours in camp and at a nearby community garden. When you take a look at the summer as a whole, each CIT provided over 100 hours of "service", with the CIT 2s providing over 150 hours each, to camp and the local community. This is truly amazing! What's even more amazing is that they also completed a structured curricu-

ulum that includes information and skills in Outdoor Living Skills, teaching techniques, and leadership. They also get an in-depth view of camp policies and procedures and complete courses like American Red Cross CPR, belay training and Powerboating Safety. When do they have time to sleep!?!?

When former campers apply to be a CIT they know that if they are accepted into the program and become a CIT that it's going to be different from being a camper. Sometimes it's hard to explain what this "different" is, because it's so much more than just what the CITs learn about and do throughout their time at camp. It's about the impact the program has on them and the impact that each CIT has on camp. The Fernwood Cove CITs are some of the most dedicated girls that we have at camp. They know what's like to live "the magic" of camp and they work day in and out to help create that magic for today's campers. They won't settle for anything less than extraordinary and put in the time and effort to make each camper's experience the best it can be. Additionally, they work diligently to continue to set and achieve personal goals, striving to become strong leaders and role models for everyone. They are an integral part of the Fernwood Cove Community and we certainly wouldn't be the same without them. Here's a huge "THANK YOU" to the 2014 Fernwood Cove CITs. We couldn't have done it without you!





HAPPY BIRTHDAY



One of the greatest things at camp is when you or your friends celebrate a birthday! So we've decided to dedicate a section of the Moose-letter each month to the girls who are celebrating a birthday that month. Campers from last summer and those currently enrolled for next summer will be included. Since we are starting a bit late in the off-season, this month's "birthday corner" is dedicated to the girls who celebrated birthdays in September and October. We hope each of you had extraordinary birthdays with lots of birthday cake and ice cream!

So...Kings & Queens and Bishops too wanna wish the best to you. So wish-day, wash-day, whatta-ya-say a BIRTHDAY! Happy Birthday, Happy Birthday, Happy Birthday to you!

Louisa Phillips
CIT

Nicki Ribakoff
Session 1

Alejandra Corchado
Session 1

Paige Macfarlane
Session 1

Olivia Marwell
Session 1

Marissa Schwarz
Session 1

Gracie Godes
Session 2

Jessica Reilly
Session 2

Beatrice Kumble
Session 2

Alice Kizilbash
Session 1

Amanda Faust
Session 2

Georgia Bynum
Session 1

Caroline Friend
Session 1

Alex Bayer
Session 1

Julianna Savitz
CIT

Katie Patton
Session 1

Olivia Blume
Session 1

Willa Kaplan
Session 2

Dorothy Carlson
Session 1

Ella Bogh
Session 2

Allyssa Bost
Session 1

Sophie Pollack
Session 1

Jenna Schulman
Session 1

Sascha Wolf-Sorokin
Session 1

Sarah Bettigole
Session 2

Nina Flinn
Session 2

Libby Reagan
Session 2

Riley Joyce
Session 2

River Thurston
Session 2

Bella Godes
Session 2

Emily Ribatt
Session 2

Isobel Porteous
Session 1

Martina Zapata
Session 1

PJ Palazy
Session 2

Annie Segalas
Session 1

Clementine Whitney
Session 2

Madeline Morrison
Session 2

Sarah Meinke
Session 2

Gabriella Ouelette
Session 1

Gabrielle Delgado
Session 2

Hallie Haim
Session 2

Lexi Namy
Session 2

Isabel Adler
Session 1

Meghan Marshall
Session 1

Grace Chiong
Session 1

Paula Ezquerra
Session 2

Jessica Lichtenstein
Session 2

Natalie Fuchs
CIT

Jordana Goldstein
Session 2

Apolline Fleury
Session 1

Emilia Wells
Session 1

Katy Crawford
Session 1

Audrey Glass
Session 1

Caroline Frase
Session 2

Sarina Chitkara
Session 1

Sarah Rosenblum
Session 1

Bella Young
Session 2

Olivia Jacobs
Session 1

Ella Rosovsky
Session 1

Katharine Henderson
Session 1

Lilah Pate
Session 1

Emma Rosenkranz
Session 2

Jackie Luke
Session 2

Ava Forman
Session 1

Madelyn Gonella
Session 1

Anna Gonella
Session 1

Juliet Feldman
Session 2

Maddie Young
Session 2

Leslie Forman
Session 2

Kaia Fisher
Session 1

Sadie Gilison
Session 2

Breanne Dowd
Session 2

Megan Waldron
Session 2

Sylvie Gill
Session 2

Stay Connected!

While we're at camp we put our electronics and social media aside. We focus on the people and places that surround us, helping us create amazing friendships and truly unique memories of our summer experiences. While we likely don't use electronics and social media as much as most people, we are connected to social media regularly. Once the summer ends and we all go our separate ways it can be difficult to stay connected with each other. When you think about it, the Fernwood Cove family is truly spread over the entire world. It is during times like these that electronics and social media can be great tools! It's amazing to see campers, CITs and staff all remain connected through Facebook Groups, Instagram posts and Tweets on Twitter. Guess what— you can stay connected with camp through these social media outlets as well! Fernwood Cove is active on Facebook, Twitter and Pinterest. And for those of you on Instagram, #fcfriday and #fernwoodcovefriday are great hashtags to connect with fellow Fernwood Cove-ers. So if you're connected to various social media outlets we encourage you connect with Fernwood Cove and your fellow campers! There's nothing better in the off-season than connecting with camp friends and re-living your crazy memories of the summer!

Connect with Fernwood Cove:



Facebook
www.facebook.com/fernwoodcove



Twitter
www.twitter.com/fernwoodcove



Pinterest
www.pinterest.com/fernwoodcove



Fernwood Cove Blog
www.fernwoodcove.com/blog

Fernwood Cove Fun at Home!

You don't have to wait until next summer to enjoy some amazing camp fun. Here are some great fall activities that will bring a bit of that camp magic home! Enjoy!! (If you have any fun activities that you do at home that remind you of camp let us know. We're always looking to continue the fun of camp throughout the year.)

Indoor S'mores



EASY INDOOR S'MORES
A "KIDS IN THE KITCHEN" RECIPE
from Spaceships & Laser Beams at B-InspiredMama.com



This recipe is from the B-inspired Mama blog (<http://b-inspiredmama.com/2014/02/kids-in-the-kitchen-smores/>) where you can find a full post about this recipe and many more fun things to do at home! Always get your parents' permission before using the oven.

1. preheat oven to 450*
2. put graham crackers on an ungreased baking sheet (we used 4 whole crackers, broken in 1/2)
3. put 1 large marshmallow on each cracker, end side up
4. bake for about 5 minutes (keep an eye on it so it doesn't burn)
5. remove from the oven
6. add 1/2 of a chocolate bar and another 1/2 graham cracker on top
7. let sit for about 2 minutes; smash 'em and enjoy!

Thankful Pumpkin Craft



This is a great craft to do with friends or family as Thanksgiving approaches. There are so many things we can be thankful for and we often forget about them, especially on those days that stress us out. Here at camp, we're

thankful for each and every member of the Fernwood Cove Community. Everyone brings something unique to our amazing family— thank you all for sharing your camp days with us!

You can find a link to this activity on the Fernwood Cove Pinterest page or go to: <http://moffattgirls.blogspot.ca/2013/10/easy-i-am-thankful-pumpkin-craft.html>



YUMMY CARAMEL APPLE BAR

Who doesn't love a great caramel apple— I know I loved them growing up. They were a special treat at the local fair each September. This fun twist on the traditional caramel apple brings all of that yumminess home, with a few extra surprises.

Check out: www.craftberrybush.com/2013/10/tastes-of-seasons-caramel-apple-bar.html#a5y_p=2366401 for full directions or find the link on the Fernwood Cove Pinterest "Camp Inspired Fun at Home" board. These fun treats would be great to make during a FC Winter Tour Visit as well— yummy treats and camp friends it doesn't get much better than that!



ROOKIE CAMP

We are excited to announce Fernwood Cove's newest addition—

Rookie Camp

Rookie Camp is a 2-Week introductory Fernwood Cove experience with the option to stay for the entire session.

Highlights of Rookie Camp include:

- Rookie Camp is for campers that have completed 1st, 2nd & 3rd grades
- Rookie Camp is offered for the first two weeks in both sessions
- Rookie Campers arrive on Opening Day of each session
- Rookie Campers will be able to participate in all activities, trips and programs
- Rookie Campers will be bunked together in one bunk
- Transportation to and from camp will be provided from Lincoln Center, New York; Port Chester, NY; Boston Suburbs; Logan Airport, Boston; Portland, Maine