TRIPS and OVERNIGHTS

Fernwood Cove offers our Campers an active outdoor tripping program one day a week. It consists of a variety of experiences in and around Maine and New Hampshire. We want the Campers to experience the lakes, mountains and quiet byways, (Hiking. Biking, Canoeing) along with the exciting whitewater, rock faces and nature discoveries (climbing, kayaking, ocean, gem mines and woods walking). Sometimes special interest trips are arranged for photography or art. Girls will also be overnight Camping and cooking out. As the girls grow older there are specific age group overnights offered. In all cases our intent is to give them a treat and a challenge.

Below you will find a sample of the summer trips we undertake, and a short description of what they entail. Of course all trips end with a generous scoop of ice cream!

- **Hike** Beginner and intermediate level hikes take place in the nearby mountains of Maine and New Hampshire. Hikes are age appropriate and often entail swimming in lakes and rivers as a treat.
- **Canoe/Kayak** Basic level paddling trips are offered on nearby rivers. All river trips are age appropriate and accompanied by lifeguard certified counselors.
- **Ocean Beach** Enjoy surfing, castle building and games on the sandy beaches of Maine. All beach trips are accompanied by lifeguard certified counselors.
- Adventure A variety of activities ranging from rock climbing to cliff jumping at local swimming holes. All activities are accompanied by counselors qualified in the activity being offered.
- **Overnights** All campers participate in an overnight camping experience. Campers in 2nd 6th grades are able to choose from Onsite Overnights, Car Camping Overnights or Adventure Overnights with campers in 7th 9th grades participating in age group specific overnights. All campers enjoy a campfire where they prepare dinner, sing songs and make s'mores!

Onsite Overnight

An onsite overnight provides campers with the opportunity to experience camping outdoorscomplete with S'mores and sleeping in a tent- while having the security of knowing that the familiar surroundings of Fernwood Cove aren't far away. Onsite overnights are like sleeping in Fernwood Cove's backyard! Three established camping areas provide a rustic feeling associated with sleeping under the stars while also ensuring campers are comfortable in their surroundings.

Campsite Camping

This overnight option is similar to what many returning campers have likely experienced in previous summers. Campers who would like to go out of camp for their overnight, however would like to maintain some of the "comforts of home" are looking for the Campsite Camping experience! Groups will likely participate in their overnight in conjunction with a Trip Day activity- ending their Trip Day experience at an established campground where they enjoy a night under the stars.

Adventure Overnight

Those campers who are looking for a challenge and a more wilderness based experience are looking for the Adventure Overnight. The Adventure Overnight will operate in conjunction with a Trip Day activity where campers will be responsible for carrying all of the gear (tents, sleeping bags, food supplies, etc.) with them as they hike, bike or canoe to their camping location. Once at their camping location campers will assist their counselors in setting up camp and preparing dinner. After an enjoyable night campers will help take down camp and hike/bike/canoe back to the trip vehicle where they will return to camp.