

CAMP ACTIVITIES AT HOME

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Make your bed three mornings this week

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Make a friendship bracelet for a friend

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Help someone with their work/chores

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Drink 3 glasses of water at each meal

E

Tell someone thank you

Exercise at least three times this week

Reduce your use of plastic bags

Do an extra chore three days this week

Make a card and send it to a friend

De-clutter your room

Write a letter to a camp friend

Fold and put away your laundry



Use your water bottle instead of disposables

Put on your sun block

Send a friend a video message

Teach a friend or sibling a new skill

Use hand sanitizer (bonus if you do the dance)

Bake chocolate chip cookies

Learn a new exercise

Wash your hands before each meal

Learn a new sports skill

Organize items to donate to someone in need

Help make dinner two times this week

Have fruit for dessert